



Creative Matrix Assessment for Learning Tool

★ Basic Actions	★ Directions	★ Levels	★ Pathways	★ Speed	★ Shapes
Body Schooling Activities	Forwards	Low	Straight	Slow	Start & Finish
Foundation Shapes	Backwards	Medium	Zigzag	Medium	Tuck
Foundation Positions	Sideways	High	Curved	Fast	Pike
Foundation Skills	Diagonally	Ascending	Circular	Accelerating	Pike Straddle
Travel	To left	Descending	Square	Decelerating	Star
Flight/Jump	To right		Any number		Straight
Rotation	Away from		Any letter/word		Front Straddle
Balance/Stillness	Towards				Dish
	Clockwise				Arch
	Anti-clockwise				Puck
					Symmetrical
					Asymmetrical





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★ Apparatus	★ Using Apparatus	★ Performers	★ Spatial Arrangement	★ Choreographic Device	★ Using Music
Floor	Under	Individual	Side by side	Unison	Silence
Cone	Over	Pair	Face to face	Canon	Pre-recorded track
Hoop	Through	Trio	Back to back	Repetition	Pupils mix, edit pre-recorded tracks
Rope	Around	Quartet	One in front of the other	Mirroring	
Mat	Beside	Group	Away from	Motif Development	Pupils research and use sound effects
Wedge Mat	Along		Close to	Advanced Motif Development	
Bench Upturned/Inclined	Onto		Vary angle of arrangement/proximity using 45°, 90°, 135°, 180°, 225°, 270°, 315°	Transitions	Pupil compose, perform and record their own simple compositions
Agility Tables	Off			Highlight	
Box	On				
Fixed Ropes	Away from				
Wall Bars	Towards				
Springboard	Part on, part off apparatus				

