

As they apply their skills

Crazy Capers

Activity Card



Let's play

- Four teams of 2 in a large 'garden', each team cooperate to achieve highest score or compete against other teams
- Aim to collect/retrieve as many objects as possible and place in their home den/area in a set time
- Start collecting objects from the middle area and on a command collect objects from other team's home areas
- Only collect one object at a time
- Do not protect objects on your home area



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Key words

Home den

Watch, scan, look

'Spatial awareness' - dodge, balance, pivot, change direction, manoeuvre, swerve, push

'Travel' - walk, run, skip, leap, chasse, hop, jump, pedal, ride, forwards, backwards, sideways, accelerate, decelerate, steady pace

'Travel with' - carry, dribble with feet, dribble with hands, dribble with an implement, steer, push

'Collect and place' - pick up, catch, under arm throw, over arm throw, two handed throw, hit, roll, kick, bounce, trap with feet

Relay, take turns

Fast feet, fast hands, fast thinking, fast reactions, 'ready', 'alert', 'awareness'

Resources

Throw-down markers, hen den - hoops/chalk, etc. Bibs, objects to collect, variety of bats, etc.

Safety & Organisation

Ensure:

- start with a small number of children in a space
- non-contact
- take care when collecting, travelling with and placing objects
- zones for less ambulant or wheelchair users as appropriate

Opportunities to:

- use competitive skills with improving co-ordination and control
- cooperate in solving problems when working with others.
- sustain activity over appropriate periods of time.
- watch each other's performance and say what is good about it and what could be better, beginning to use key words related to their activity
- use this understanding to plan how to improve their own skills

Questions

- What did you do to make sure you did not bump into anyone else?
- How could you collect more objects next time?
- What skills do you need to practise?
- What were you doing while your partner was working?
 - How can you help your partner more?
- Did you pick up, carry, put down with your right and left hand?
 - Why is it important for you to use both hands?
- How does this affect your feet?

Changes to the activity

Change the:

Space

- larger space - longer distances (more time, more stamina), smaller space - shorter distances (faster footwork)

Task

- way of travelling to collect the objects for example side step, skip, fast feet, camel walk, bunnies, etc.

- value of the objects so that some objects are worth more points than others, some may have a negative value or a secret value
- way of travelling with the objects
- way of putting objects into home den
- route home
- rules for example, cannot pick up from the same area twice in a row, or aim to have the least number of objects in your home den at end of the time, introduce a defender
- task for the non-doer

Equipment

- objects, visual cues - different equipment - particular way of travelling, e.g. a soft ball means jump two feet together; a basketball means dribble with hands; or in order to challenge thinking - dribble with feet, etc.

People

- number in each team or the number of teams - more children in same area (more obstacles to avoid)

